



# Notes

## **Introduction**

1. “Religious Landscape Study,” Pew Research Center, <https://www.pewforum.org/religious-landscape-study/>.

## **Chapter 1: “You Are Loved”: The Words That Change Everything**

1. Ann Landers, *Wake Up and Smell the Coffee!: Advice, Wisdom, and Uncommon Good Sense* (New York: Villard, 1996), 34.
2. Isaiah 54:10.
3. John 6:35.
4. Psalm 139.

## **Chapter 2: You Are Seen: You Matter and So Do Your Actions**

1. See Gary A. Haugen, *Good News about Injustice: A Witness of Courage in a Hurting World* (Downers Grove, IL: InterVarsity Press, 2009), 25–31.
2. Proverbs 21:21.
3. Luke 12:27–28.

## **Chapter 3: You Have Worth: The Gift of Being Accepted**

1. Luke 15:20a–24.

## **Chapter 4: You Belong: Embraced for God**

1. Jeremiah 31:3.
2. Jeremiah 31:8–9a.
3. Jeremiah 31:7.

## **Chapter 5: You Are Known: Experiencing True Togetherness with God**

1. Julianne Holt-Lunstad, Timothy B. Smith, and Bradley Layton, “Social Relationships and Mortality Risk: A Meta-Analytic Review,” *PLoS Med* 7, no. 7 (2010): e1000316, <https://doi.org/10.1371/journal.pmed.1000316>.

2. John Cacioppo, "Why Loneliness Is Bad for Your Health," interview by Nancy Shute, *U.S. News & World Report*, November 12, 2008, <https://health.usnews.com/health-news/family-health/brain-and-behavior/articles/2008/11/12/why-loneliness-is-bad-for-your-health>.
3. Dennis Thompson, "3 in 4 Americans Struggle with Loneliness," *MedicineNet*, December 18, 2018, <https://www.medicinenet.com/script/main/art.asp?articlekey=217418>.
4. Luke 14:26.
5. Psalm 36:5–9.

### **Chapter 6: Living into Love**

1. Matthew 6:25–27.